



<https://www.jobzfrica.co.za/job/sea-harvest-graduate-internships/>

## Sea Harvest: Graduate Internships (2026 / 2027) Apply Online

### Description

Sea Harvest is excited to announce its Graduate Internship Program, designed to provide recent graduates with hands-on experience and exposure to the dynamic world of the seafood industry. This program aims to nurture young talent, offering a unique opportunity for growth, skill development, and career exploration within a supportive and challenging environment.

### Responsibilities

- **Rotation through Departments:** Engage in a rotational program that exposes you to various departments such as Operations, Marketing, Finance, Quality Assurance, and more, allowing you to gain a comprehensive understanding of the business.
- **Project Work:** Undertake challenging projects under the mentorship of experienced professionals, contributing fresh perspectives and innovative solutions to real-world business challenges.
- **Learning and Development:** Participate in targeted training sessions and workshops to enhance your technical and soft skills, preparing you for a successful career in the seafood industry.
- **Collaboration:** Work collaboratively with cross-functional teams, fostering teamwork and building relationships with colleagues across different departments.
- **Research and Analysis:** Conduct market research, analyze industry trends, and contribute to the development of strategies that drive the company's growth and sustainability goals.
- **Networking Opportunities:** Attend industry events, conferences, and networking sessions to build relationships with industry professionals and fellow interns, expanding your professional network.

### Qualifications

- Recent graduate with a Bachelor's or Master's degree in a relevant field (e.g., Business, Marketing, Finance, Operations, Fisheries Management, etc.).
- Strong academic record and a demonstrated passion for the seafood industry.
- Excellent communication, analytical, and problem-solving skills.
- Proactive and self-motivated with a strong desire to learn and contribute to the success of the organization.
- Ability to adapt to a fast-paced and dynamic work environment.

### Job Benefits

1. **Professional Development:**
  - Access to targeted training sessions and workshops to enhance both technical and soft skills.
  - Mentorship from experienced professionals to guide and support

### Hiring organization

Sea Harvest

### Employment Type

Intern

### Duration of employment

3 Months

### Industry

Fisheries

### Job Location

Cape Town, Western Cape, South Africa, 8000, Cape Town, Western Cape, South Africa

### Working Hours

09

### Date posted

May 12, 2026

### Valid through

14.02.2028

your career development.

- Exposure to diverse projects and challenges, fostering continuous learning and growth.

**2. Networking Opportunities:**

- Participation in industry events, conferences, and networking sessions to build a strong professional network.
- Interaction with leaders and professionals in the seafood industry, creating opportunities for future collaborations.

**3. Career Exploration:**

- Rotational program allowing exposure to various departments, helping you identify and refine your career interests.
- Real-world experience to assist in making informed career decisions.

**4. Project Experience:**

- Hands-on involvement in challenging projects, providing practical experience and the opportunity to contribute to the success of the company.
- Application of academic knowledge to real-world business situations.

**5. Competitive Compensation:**

- Competitive stipend or salary for the duration of the internship program.
- Recognition of your contributions through performance-based incentives.

**6. Company Culture:**

- Inclusion in a dynamic and supportive work environment.
- Opportunities to collaborate with cross-functional teams, fostering teamwork and professional relationships.

**7. Opportunity for Full-Time Employment:**

- Possibility of consideration for full-time employment based on performance during the internship.
- Exposure to potential career paths within Sea Harvest.

**8. Health and Wellness:**

- Access to health and wellness programs to support your overall well-being.
- Inclusion in company-sponsored health benefits, where applicable.

**9. Flexible Work Environment:**

- Opportunities for remote work and flexible scheduling, promoting work-life balance.

**10. Corporate Social Responsibility:**

- Involvement in sustainable and socially responsible initiatives, contributing to the company's commitment to environmental and community well-being.

## Contacts

### Step 1: Prepare Your Application Documents

Gather the following documents to submit a comprehensive application:

- **Resume:** Clearly outline your educational background, relevant coursework, skills, and any relevant work or volunteer experiences.
- **Cover Letter:** Craft a compelling cover letter that highlights your passion for the seafood industry, why you're interested in the internship, and what makes you a strong candidate.
- **Transcripts:** Provide official or unofficial transcripts of your academic records.

## **Step 2: Review Job Requirements**

Ensure that you meet the qualifications outlined in the internship program description. Familiarize yourself with Sea Harvest's values and the specific requirements for the position.

## **Step 3: Application Submission**

Submit your application through the designated application channel. This may involve sending an email to a specified address or applying through an online application portal. Make sure to include "Sea Harvest Graduate Internship Application" in the subject line of your email or application.

## **Step 4: Follow Submission Instructions**

Carefully follow any instructions provided in the internship program description or application process. This may include specific details on the subject line, format, or additional materials required.

## **Step 5: Application Deadline**

Be aware of the application deadline and ensure that your application is submitted before the specified date. Late applications may not be considered.

## **Step 6: Wait for a Response**

After submitting your application, allow some time for the review process. You may receive an acknowledgment of receipt or further instructions for the next steps in the hiring process.

## **Step 7: Prepare for Interviews**

If selected, be prepared for interviews. Research Sea Harvest, be ready to discuss your qualifications and experiences, and prepare thoughtful questions about the internship and the company.

## **Step 8: Express Your Enthusiasm**

During interviews and any subsequent communications, express your enthusiasm for the opportunity to join Sea Harvest and contribute to the company's success.

## **Step 9: Follow Up**

After the interview process, consider sending a polite follow-up email expressing your continued interest in the position and thanking the hiring team for the opportunity.