



<https://www.jobzfrica.co.za/job/rcl-foods-internships/>

RCL Foods Research and Development Internships 2026 New Hiring

Description

Are you a passionate and motivated individual eager to kickstart your career in the food industry? RCL Foods offers an exciting opportunity to join our dynamic Research and Development team through our Research and Development Internship program. This program is designed to provide aspiring professionals with hands-on experience and exposure to the world of food product development, innovation, and quality assurance.

Responsibilities

- **Product Development:** Collaborate with our experienced R&D team to create and refine food products, from concept to market, ensuring quality, taste, and consumer satisfaction.
- **Recipe Formulation:** Assist in developing and optimizing recipes, incorporating a balance of taste, nutrition, and cost-effectiveness.
- **Ingredient Sourcing:** Work closely with suppliers to source high-quality ingredients, ensuring compliance with industry standards and regulatory requirements.
- **Quality Assurance:** Support our quality control processes, conducting sensory evaluations and assisting in troubleshooting product-related issues.
- **Market Research:** Stay up-to-date with industry trends and consumer preferences to contribute valuable insights to product development.
- **Documentation:** Maintain accurate records and documentation of all research and development activities.
- **Cross-Functional Collaboration:** Collaborate with various departments within RCL Foods, such as marketing, production, and procurement, to ensure seamless product development processes.

Qualifications

- Currently pursuing a Bachelor's or Master's degree in Food Science, Nutrition, Culinary Arts, or a related field.
- Strong passion for food and a keen interest in food product development.
- Excellent communication and teamwork skills.
- Detail-oriented and organized.
- Ability to work in a fast-paced and dynamic environment.
- Basic knowledge of food safety and quality standards is a plus.

Job Benefits

- Hands-on experience in a leading food company.
- Mentorship and guidance from industry professionals.
- Exposure to cutting-edge technology and innovation in food production.
- Competitive internship stipend.
- Opportunities for career advancement within RCL Foods upon successful completion of the internship.

Hiring organization

RCL Foods

Employment Type

Intern

Duration of employment

3 Months

Industry

Milling

Job Location

Pretoria, Gauteng, South Africa, 0001, Pretoria, Gauteng, South Africa

Working Hours

09

Date posted

April 11, 2026

Valid through

15.03.2031

Contacts

Interested candidates are invited to submit their resume and a cover letter outlining their motivation and qualifications for this internship opportunity. Shortlisted candidates will be contacted for interviews.

Join us at RCL Foods and be part of our commitment to nourishing the world through food innovation and excellence.