



<https://www.jobzfrica.co.za/job/metropolitan-internships/>

Metropolitan: Industrial Psychology / Human Resource Internship 2026/27 New Hiring

Description

Join our team as an Industrial Psychology/Human Resource intern, contributing to various projects and initiatives aimed at enhancing organizational effectiveness and employee engagement. This internship offers exposure to a wide array of HR functions, including talent acquisition, performance management, and employee development.

Responsibilities

- Assist in the recruitment and selection process, from candidate sourcing to onboarding procedures
- Support HR initiatives such as training and development programs
- Collaborate on employee engagement strategies and initiatives
- Contribute to performance management activities, including evaluations and feedback processes
- Assist in data analysis and reporting for HR-related projects
- Participate in various HR administrative tasks as required

Qualifications

- Pursuing or recently completed a degree in Industrial Psychology, Human Resources, or a related field
- Strong communication and interpersonal skills
- Ability to maintain confidentiality and handle sensitive information with professionalism
- Proficiency in Microsoft Office Suite
- Strong organizational skills and attention to detail

Job Benefits

- **Hands-on Experience:** Gain practical exposure to various facets of HR and Industrial Psychology, contributing to skill enhancement and real-world application.
- **Mentorship:** Access guidance and mentorship from experienced professionals in the field, providing valuable insights and advice.
- **Learning Opportunities:** Participate in training programs, workshops, and developmental sessions tailored to augment your knowledge and skills.
- **Networking:** Build connections within the industry, interact with professionals, and potentially establish valuable contacts for future career prospects.
- **Career Development:** Obtain valuable insights and understanding of the industry, enhancing your prospects for future employment.
- **Exposure to Corporate Environment:** Gain familiarity with the corporate culture, policies, and practices within a renowned financial services organization.
- **Possible Employment Opportunities:** Successful completion of the internship may open doors to full-time employment or further career

Hiring organization

Metropolitan

Employment Type

Intern

Duration of employment

3 Months

Industry

Insurance

Job Location

Pretoria, Gauteng, South Africa, 0001, Pretoria, Gauteng, South Africa

Working Hours

09

Date posted

May 25, 2026

Valid through

14.02.2028

advancement within Metropolitan or related industries.

Contacts

Submit your resume and a cover letter outlining your interest in the Industrial Psychology/Human Resource internship at Metropolitan.

Join Metropolitan for an enriching internship experience, contributing to your professional development in the field of HR and organizational psychology.